

ST. VINCENT'S ACADEMY

NOVEMBER 1ST-5TH

Lexington

INDEPENDENT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pot Roast
Steamed Carrots
Roasted Red
Potatoes
House Roll

Spaghetti
with Meat sauce
Italian
Green Beans
Garlic Bread

Pacific Rim
Sesame
Popcorn Chicken
Fried Rice
Edamame Beans

Herb Roasted
Baked Chicken
Roasted Sweet
Potato
Brussel Sprouts
Garlic Bread

Shepherd's Pie
Steamed Broccoli
Cornbread

Baked Lemon
Garlic Salmon
Steamed Broccoli

South of the
Border
Beef Nachos
Black Beans
Corn & Cilantro
Lime Rice

Sesame Popcorn
Chicken
Fried Rice
Edamame Beans

Boneless Chicken
Wings
With BBQ, Hot
Sauce or Teriyaki
Sauce
Mac & Cheese

Blackened Shrimp
and Grits
Cornbread

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Vegetable Pizza

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Chicken Bacon
Ranch Pizza

Cheese Pizza
Pepperoni Pizza

Italian Sub
with
House Chips

Chicken Caesar
Wrap With House
Chips

Chicken Salad on
Croissant with
House Chips

Turkey Pesto Wrap
With
House Chips

GYRO
with
House Chips

Fresh Fruit Parfaits

Fresh Fruit Parfaits

Fresh Fruit Parfaits

Fresh Fruit Parfaits

Fresh Fruit Parfaits

Assorted
Yogurt Parfaits

Assorted Yogurt
Parfaits

Assorted Yogurt
Parfaits

Assorted Yogurt
Parfaits

Assorted
Yogurt Parfaits

Celery &
Carrot Cups

Celery & Carrot
Cups

Celery & Carrot
Cups

Celery & Carrot
Cups

Celery &
Carrot Cups

Daily Snack Packs

Daily Snack Packs

Daily Snack Packs

Daily Snack Packs

Daily Snack Packs

Pudding Cup

Pudding Cup

Pudding Cup

Pudding Cup

Pudding Cup

**Hamburgers, Cheeseburger, Vegetarian Burges & House Chicken Tenders served with French Fries
Fresh Salad Bar with Assorted Dressings**